

LIFE Group Discussion Guide
Sunday, July 18, 2010

Sermon Title: "What We Believe about the Holy Spirit"

Sermon Series: So What?

Sermon Text: Selected

Open

1. Share one way that God worked in your life last week. [**Leader's Note:** You will notice this question as the opening question each week in order to facilitate the sharing of faith stories and to train people to be looking for ways that God is working in their lives. This can be a very positive experience for your group.]
2. Think of a time when you felt compelled to help someone. What did you do to help that person?
3. Do you think that is an example of how the Holy Spirit works in our lives? What are some other ways that the Holy Spirit works?

Dig

1. [**Leaders' Note:** At this point, you can use the rest of this discussion guide or use the sermon outline and Scriptures from the sermon.]
2. In this week's sermon, Rusty gave four practical reasons why believing in the Holy Spirit matters. Which of the following do you relate to the most and why: (1) I walk in the confidence that I am not alone; (2) I have the power to overcome any difficulty or temptation; (3) The Spirit guides me in all truth so I have the ability to make wise decisions; and (4) I have a sure identity and future.
3. In Galatians 5:13-26 the apostle Paul talks about how the Holy Spirit transforms a person's life. How has the Spirit transformed you? (After this question, read Galatians 5:13-26.)
4. Which of the expressions of the sinful nature outlined in Galatians 5:19-21 do you find most apparent in our society?
5. Describe an example of the conflict between the sinful nature and the Spirit in your life.
6. Why does Paul refer to the qualities in Galatians 5:22-26 as the "fruit" of the Spirit? Imagine yourself consistently exhibiting these "fruits" – what impact would that have on your relationships and your general attitude about life?
7. As you look over the list of qualities that demonstrate the Spirit's presence in a person's life, which of them is most lacking in your life? What specific steps can you take to cultivate that quality?

Reflect

1. In the context of this passage, what does it mean to "keep in step with the Spirit" (Gal. 5:25)?
2. What disciplines or habits have helped you keep in step with the Spirit?
3. Prayer